

Media Rookies World™

Episode 3 Rookie Activity Sheet

Episode 3: Should I Go or Stay?

Age Range: 5–10 Years Old

Skills: Making Wise Choices, Handling Peer Pressure, Obeying Parental Rules, Predicting Consequences

Learning Objectives:

- I can make safe and wise choices
 - I can listen to trusted adults
 - I can think before I act
 - I can understand how choices affect outcomes
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PART 1: WHAT WOULD YOU DO?

Circle the best answer:

1. Your friend invites you somewhere, but you are not sure it is allowed. What should you do?

- A) Go anyway
 - B) Ask a trusted adult first
 - C) Keep it a secret
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2. What helps you make a wise choice?

- A) Thinking before acting
 - B) Doing what everyone else does
 - C) Ignoring rules
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PART 2: STOP AND THINK

Write or say your answer:

- One rule my parent or guardian teaches me is:

- This rule is important because:



PART 3: REAL-LIFE THINKING

Draw or describe a time you had to make a choice like Rosie-Tulip.

- What happened?
- What did you choose?



ROOKIE CHALLENGE

This week, use **STOP – THINK – CHOOSE**:

Before you decide anything:

1. Stop
2. Think
3. Ask: “Is this a wise and safe choice?”

If you complete the challenge, share your moment of inspired thinking with a picture or video!